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February 2, 2022

Joanne Braxton, PhD, MDiv Chief Executive Officer and President The Braxton Institute for Sustainability, Resiliency and Joy Adjunct Professor Family and Community Medicine Eastern Virginia Medical School 2202 18th Street NW #312 Washington, DC 20009

Dear Joanne,

On behalf of the Association of American Medical Colleges and the FRAHME team, I am writing to express my sincere appreciation for your service as a member of the national AAMC Integration Committee for the initiative, **The Fundamental Role of the Arts and Humanities in Medical Education (FRAHME)**. The primary goal of the FRAHME initiative is to improve the practice, education, and wellbeing of physicians through a deeper integration with the humanities and arts in their professional development.

Arts and humanities are essential to the human experience and their benefits to medical education go far beyond joys and pleasures. By integrating arts and humanities throughout medical education, trainees and physicians can learn to be better observers and interpreters; and build empathy, communication and teamwork skills, and more.

Between September 2019 and December 2021, your academic expertise, enthusiastic participation and thoughtful insights contributed to key accomplishments such as:

- the publication of the <u>FRAHME Monograph</u>, which includes provides an in-depth overview of the role arts and humanities play in educating a physician workforce to meet 21st-century health care needs;
- the development of seven recommendations for the integration of the arts and humanities into medical education;
- the publication of a digital Getting Started Guide for educators who are new to incorporating arts and humanities into their programs, courses, or curricula;
- the selection of eight AAMC-member medical schools and teaching hospitals who have received \$25,000 grants to evaluate the impact of integrative arts and humanities programs or curricula across the continuum of medical education; and
- the development of an online course that will help medical educators learn how to better evaluate arts and humanities curricula and leverage their findings to influence change.

As a small token of our appreciation, we are sending to the IC members via USPS this letter, a printed copy of the <u>FRAHME Monograph</u>, as well as a framed photograph by Integration Committee member Carl Chan, MD (also included below).

You may recall that, with Carl's permission, we shared this beautiful image during our final meeting in December, where Jeremy commented that this brought forth a sense of *"responsibility that in this moment of possibility we do all we can to build an enduring, inclusive, and expansive vision for embedding humanities and arts in medical training, research, and practice."* Evonne commented: *"This image reminds me of the progress we have made. We started with the 30,000 foot view - the wider piles in the forefront - and now narrowing the focus in order to achieve our recommendations - No longer in the distance."* Deepu shared: *"Makes me think of beginning and endings - is it a sunset or sunrise? We need both. Of shelter, bridges, walkways, and of expanses. All of these things speak to where we are with arts and humanities in medicine."*

We are sincerely grateful for our time together, learning with and from all of you, and believe in the importance and impact of this work. Thank you for your significant service contributions.

With gratitude,

Lisa Howley, PhD Sr Director to Transform Medical Education AAMC <u>lhowley@aamc.org</u>

cc: Elza Mylona MylonaE@EVMS.EDU



Photo By Carl Chan, MD